

Students who successfully complete a Counseling Masters (MA in CSL, MS in CMH) will:

1. Knowledge: Use academic study to develop content area knowledge in the common core areas in counselor education, as well as for specializations in clinical mental health, substance use disorder and school counseling.

This includes: counseling and helping relationships; history of and orientation to the counseling profession; ethical practice; social and cultural diversity; human growth and development; group counseling; diagnosis, assessment and testing, and research and program evaluation.

2. Counselor Disposition: Demonstrate, in the classroom and in field placements, growth towards a counselor disposition grounded in a strengths-based, person-centered, wellness and recovery-oriented and ethical approach.

This includes: empathy, respect, genuineness, acceptance, openness, and professional behavior.

3. Counseling Skills & Practice: Demonstrate, in the classroom and in field placements professional counseling practice, grounded in culturally relevant, evidence-based and promising approaches.

This includes: foundational counseling skills, teaming and collaboration, and state-of-the-art interventions in integrated mental health, health and SUD counseling. (Evidence-based and promising approaches includes an understanding of the value of peer-run services and community-involvement and inclusion.)

4. Ethics: Develop a personal code of ethics, grounded in the ACA, AMHCA, ASCA and NAADAC codes, which reflects an understanding of diverse world views, cultural competence as relevant to the counselor role, and ethical practice.

This includes: self-awareness, personal growth, self-care, supervision and ethics related to clinical practice, research and academic honesty.

5. Leadership & Systems Change: Demonstrate ability to critically analyze information for purposes of program evaluation, advocacy, consultation, systems change and personal and organizational leadership.

Information includes: the research literature, data collected to evaluate personal practice and programs, first person-accounts and client satisfaction.